

# Professional Development for Social Workers



School of Social Work  
and Family Studies  
and  
Continuing Studies

**2007**

## Contemporary Relational Theory and Clinical Practice

Friday evening and Saturday, November 30-December 1, 2007

UBC Robson Square, Vancouver

Relational theory is emerging as a dominant clinical practice framework with widespread application to diverse practice settings – and for good reason. The conceptual understanding and practice implications drawn from relational theory serve to inform a vast range of clinical interventions. This workshop will be of interest to all practitioners working in therapeutic settings who are interested in deepening their power of understanding and advancing their thoughtful use of self in the therapeutic relationship, whether in brief or longer-term interventions.

*Instructor: Brian Rasmussen, PhD., R.S.W*

Brian is an associate professor, Acting Director, and Coordinator of the MSW Program in the School of Social Work at UBC Okanagan. Brian has over 20 years of clinical experience with individuals, families and groups, primarily in out-patient psychiatric settings and private practice.

**2008**

## \* Motivational Interviewing – Introductory Level

Friday and Saturday, March 15-16, 2008

Hycroft (1489 McRae Avenue), Vancouver

Motivational Interviewing (MI) is a counseling style that has gained international recognition as best practice in supporting health behaviour change. Health care and social service providers across disciplines and contexts have noted the benefits of working from an MI approach for both themselves and their clients. Research has also shown that working with clients in a non-confrontational way guided by the spirit of motivational interviewing is a predictor of outcomes. This 2-day introductory course will focus on the guiding spirit and principles of MI and understanding readiness to change. Core MI counseling skills and strategies to assist clients in building motivation to change and in strengthening commitment will be discussed.

*Instructor: Cristine Urquhart, MSW, RSW*

Cristine has designed and delivered numerous training sessions to health care providers on understanding substance use and working with health behaviour change. She has worked in both community and acute care capacities with individuals who struggle with substance use and other complex health and social concerns and is currently a casual addiction counsellor with Vancouver Coastal Health. Cristine is a member of the international Motivational Interviewing Network of Trainers (MINT) and a board member for the BC Association of Social Workers.

## \* Working with the DSM IV

Friday and Saturday, February 29-March 1, 2008

UBC Robson Square, Vancouver

This 14-hour course is designed for social workers and other mental health professionals interested in understanding the Diagnostic and Statistical Manual of Mental Disorders (DSM) and using it effectively in their professional practice. Learn how to avoid the dangers of inappropriate use of the DSM and gain confidence in working with this important mental health resource. You'll become familiar with the history of the DSM, its risks and benefits and its three major components.

*Instructor: Erika B Hilliard, MSW, RSW (Clinical)*

Erika has 33 years experience in community mental health and acute care psychiatry and has had a private practice for 25 years. She authored *Bipolar Disorder, an Information Booklet for Patients, Families and Friends*, which is in its fourth printing. Her latest book, *Living Fully with Shyness and Social Anxiety*, was published by Marlowe & Company, New York in 2005.

**\* Presented in collaboration with BCASW**

For more information or to register online, visit [www.cstudies.ubc.ca/social](http://www.cstudies.ubc.ca/social)

See reverse for registration form



## REGISTRATION FORM

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First Name:	Last Name:	
Street Address:		
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Telephone (home):	Telephone (business):	
Fax:	Email:	
Course Info <i>(please check the appropriate box for the course(s) you wish to register for)</i>		
<b>Contemporary Relational Theory and Clinical Practice</b>		
Nov 30-Dec 1, 2007	<input type="checkbox"/> Regular - \$195	
	<input type="checkbox"/> Student - \$117 <i>Student # (required)</i> _____	
<b>Motivational Interviewing – Introductory Level</b>		
Feb 15-16, 2008	<input type="checkbox"/> Regular - \$250	
	<input type="checkbox"/> BCASW member - \$220 <i>Membership # (required)</i> _____	
	<input type="checkbox"/> Student - \$150 <i>Student # (required)</i> _____	
<b>Working with the DSM IV</b>		
Feb 29-March 1, 2008	<input type="checkbox"/> Regular - \$250	
	<input type="checkbox"/> BCASW member - \$220 <i>Membership # (required)</i> _____	
	<input type="checkbox"/> Student - \$150 <i>Student # (required)</i> _____	
<b>Payment Method</b>		
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Amount enclosed or to be charged to credit card: _____		
Cardholder's Name:		
Credit Card No:	Expiry date (MM/YR):	

*Cancellation Policy: A \$25 fee is applied to all cancellations. Cancellations are limited to five working days prior to course date.*

Register by mail    Dorie Gray, UBC Continuing Studies  
800 Robson Street  
Vancouver, BC V6Z 3B7

**For more information:**  
Visit [www.cstudies.ubc.ca/social](http://www.cstudies.ubc.ca/social)  
Tel: (604) 822-1459  
Fax: (604) 822-0190  
Email: [info.health@ubc.ca](mailto:info.health@ubc.ca)

Register by fax    Attn: Dorie Gray, UBC Continuing Studies  
(604) 822-0190

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